

## Nebraska Food Distribution Processed Commodity Fact Sheet

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**Name:** Cheese, Garlic Boat

**Product Code:** 4010

**Processor:** Best Express Foods, Inc.

**Category:** Meat and Meat Alternate

**Date:** 6/17/2005

**Description:** Hoagie bun half topped with mozzarella cheese, cheddar cheese, monterey jack cheese, garlic and seasonings.

**Pack Size:** 60 servings

**Storage:** Store at 0 degree's F or below

**Preparation:** For best results, thaw product overnight.

**Cooking:** Preheat oven to 350 degrees F. Place product on a baking sheet and bake 10 to 12 minutes or until cheese melts. Cooking times will vary by oven and amount of product being baked.

**Serving Size:** 1 boat (5.6 oz)

**Meal Contribution:** 3 bread and 2 meat alternates

Nutrition Facts			
Calories:	560.00	Protein:	19.00 grams
Total Fat:	35.00 grams	Carbohydrate:	41.00 grams
Saturated Fat:	12.00 grams	Cholesterol:	40.00 mg
Trans Fat:	1.00 grams	Calcium:	450.00 mg
Iron:	0.72 mg	Dietary Fiber:	1.00 mg
Sodium:	1,130.00 mg	Vitamin C:	0.00 mg
Vitamin A:	500.00 IU		